

# Rolie Polie Schedule

7:30-8:30	Breakfast/Circle Time
8:30-9:15	Naps (if needed)/ Diaper changes
9:30-10:45	Outside Play
11:00-11:20	Lunch
11:30-12:00	Diaper Changes/ Nap Time Prep
12:00-2:00	Nap Time
2:30-3:00	Snack
3:00-4:00	Outside Play
4:15-5:00	Free Play/Pick Up

This schedule is a general guide and will be adapted to meet each infant's needs, including sleep and feedings. The schedule may change with weather conditions.